



# Northeast Ohio Championship Wrestling Camp

Hosted by:  
Chris Vondruska

**Date:** July 5<sup>th</sup> – 8<sup>th</sup>

**Location:** Lutheran West High School  
3850 Linden Road  
Rocky River, OH 44116

## Daily Sessions:

Session I – (9-11:30am):

Ages: 6-14 (1-3 years experience is recommended but open to any and all wrestlers) – This session is based around basic technique directed toward beginning youth wrestlers.

Session II – (1-3:30pm):

Ages: 12-18 (3+ years experience is recommended or high school but open to any and all wrestlers) – This session will still contain basic technique but will move at a quicker pace.

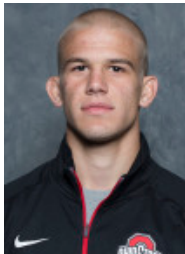
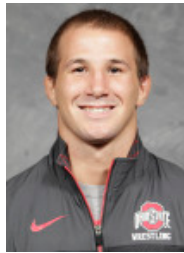
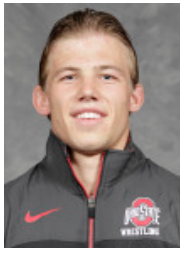
## Cost:

Pre-registration -- \$130  
At-the-door -- \$160

Costs include 4 days of camp, including one session a day, with some of the best Northeast Ohio athletes ever assembled. Also included in the cost is a Northeast Ohio Championship Wrestling Camp t-shirt.

Limited to first 100 entries per session

# UPDATED CAMP COUNSELORS!!!!



Logan Stieber (4X NCAA CHAMP)

Hunter Stieber (NCAA All-American)

Bo Jordan (NCAA All-America)

Micah Jordan (4X State Champion)

J Jagers (2X NCAA Champ)

Johnni Dijulius (4X NCAA Qualifier)

Mike Pucillo (NCAA Champ)

Tadaaki Hatta (NCAA Champ)

Chris Vondruska (Camp Director)

## Registration Form

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

E-mail Address \_\_\_\_\_

Age \_\_\_\_\_ Weight \_\_\_\_\_

T-Shirt Size

- Small
- Medium
- Large
- X-Large
- Other: \_\_\_\_\_

Session

- I: Ages 6-14 (9-11:30am)
- II: Ages 12-18 (1-3:30pm)

Registration Type

- Pre-Registration \$130
- At-The-Door \$160

Method of Payment

- Check
- Cash

Cash is appreciated, but make all checks payable to:  
**Northeast Ohio Championship Wrestling**

Send Check or Cash to:  
Chris Vondruska  
29318 Osborn Road  
Bay Village, OH 44140

In consideration of your acceptance of my entry, I agree to be legally bound for myself, my heirs, executors and administrators, waive and release Lutheran West High School, representatives, committee members from any and all claims of right to damages for injuries suffered by me directly or indirectly traveling to and from or competing in the Northeast Ohio Championship Wrestling Camp & Tournament.

Contact Chris Vondruska  
Phone: 440-865-1608  
E-mail: NortheastOhioCWC@hotmail.com

Parental Signature \_\_\_\_\_

Date \_\_\_\_\_

Note: Upon arrival of the first day at camp an emergency medical form will be supplied and will need to be filled out completely.